

The lilies of the field



28th of April-2nd of May 2026

A few retreat days at Colomba le Roc

During the Mayday week there will be an opportunity to join us at Colomba le Roc for four retreat days around the theme of looking at the lilies of the field: Matthew 6:25-34

Tuesday 28th we will be focusing on the theme of not needing to worry

Wednesday 29th we will be concentrating on looking, seeing and considering

Thursday 30th we will spend the day walking on the *Chemin de Compostelle* looking for orchids on the Way

Friday 1st we will enjoy the beauty of the local orchids, and wondering about the “lilies” that show us God’s care.

Each day will start at 10.30 am and finish at 16.30. It will include at least one guided meditation and a creative activity. There will be tea and coffee. Though soup or salad will be provided we suggest you bring your own lunch.

The retreat days are free though if you can afford it a donation of around 20 Euros per day would be very welcome as it will help us continue to offer hospitality.

Address: Colomba le Roc
510 chemin du Faurat, Belmontet
46800 Montcuq en Quercy Blanc

If you would like to join us for one or more days, or if you have any questions, please contact me by email at: colomba.le.roc@gmail.com

