



Are you up for our Diamond Challenge?

Complete a column of challenges...or a row...or several ...or everything...Do have a go!

Share your "evidence" to get your activity acknowledged

	A: Prayer	B: Bible	C: Music	D: Art	E: Fitness/Sport	F: Food	G: Communic'n	H: History	I: Service	J: Church
1	Learn and recite The Lord's Prayer in English	Learn by heart John Chapter 3 verse 16	Go to a concert / opera / musical	Take a photo of your favourite place (in church?)	Walk at least 5000 steps in a day	Bring a favourite food to church to share after the service (fruit / biscuits / cake/ crisps...)	Tell a friend about our Church	Write down your first memory of our church. Add to our history file	Make and share a drink for someone and spend time with them while they drink it	Come to church at least once a month July – Christmas Or at least 6 times
2	Learn and recite The Lord's Prayer in another language	Find the shortest verse in the Bible – what is it and where is it?	Learn the "new testament song" (see the music group)	Draw an "ichthus" fish and put it on your bedroom / study wall	Do 20 "keepy uppies" – does not have to be continuous!	Donate some food to Secours Catholique	Invite a friend / family member to a Church event /service	Write Down your best memory (so far!) of our church. Add to our history file	Take part in church cleaning	Volunteer to be a greeter or a refreshments server – at least twice
3	Say / Sing a "grace" before every meal for a week	Read one of the Bible readings in a church service	Participate in our Songs of Praise service: say what your favourite hymns are & come & sing them!	Look at the church mosaics – what do you see?	Go Dog walking Or ride a bike to somewhere new	Participate in a "bring and share lunch" at church- bring some food and eat some food!	Write a post about church – for FB / Insta / the Church Mouse.... (remember to get permission for any photos taken of people)	Find out when you were baptised, and where	Take part in church gardening	Tidy up the Children's Corner or help with the washing up after the service

Toulouse Diamond Challenge

Name:

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